

Tuition:

- Tuition - \$300
- HTI or AHNA member tuition \$275

- Yes, I can bring a massage table
- No, I can't bring a massage table

Registration:

Register early! Advanced paid registration numbers will determine whether or not a class is conducted. Please register now and avoid missing a class you want!

To register, complete the registration form and return it with the registration fee. Enrollment will be accepted in order of the date that the registration is received.

Refunds:

To receive a full refund, registration must be canceled three working days before the class date. No shows to the class will not receive a refund.

Registration Confirmation:

One week prior to the class date, all registered individuals will receive a confirmation letter, map, and parking permit if applicable.

For More Information:

For questions regarding registration and future class dates, call Vicki or Jolene at ATCC's Customized Training Center at 320-762-4510 or toll free at 1-888-234-1313.



Minnesota
STATE COLLEGES
& UNIVERSITIES

It is the policy of Alexandria Technical & Community College to comply with federal and state law prohibiting discrimination in student admissions or treatment of students or employees on the basis of race, color, creed, religion, national origin, sex, marital status, disability, age, sexual preference, and status with regard to public assistance.

An Equal Opportunity Employer/Educator

A Member of Minnesota State
College & University System

If you need a reasonable accommodation for a disability, such an accommodation can be made available upon advance request. Please contact Vicki or Jolene at 320-762-4510 as soon as possible.

MN Relay Service
1-800-627-3529

**Alexandria Technical & Community
College**

Customized Training Center
1601 Jefferson Street
Alexandria, MN 56308

Phone: 320-762-4510
Toll Free: 1-888-234-1313

Fax: 320-762-4634
Email: Jolened@alextech.edu

www.alextech.edu/customizedtraining



HTI
HEALING TOUCH
CERTIFICATE PROGRAM™

*for Health Care Professionals
and Others Committed to Healing*

Level 1



1601 Jefferson Street
Alexandria, MN 56308

October 22 & 23, 2010

Certification by
Healing Touch International, Inc.

Healing Touch International, Inc. is the non-profit professional membership and educational organization for Healing Touch. It was established in March 1996, to receive the AHNA Healing Touch Certificate Program and the process for Healing Touch Certification of Practitioners (CHTP) and Instructors (CHTI) from the American Holistic Nurses Association.

Endorsed by
The American Holistic Nurses Association
The American Holistic Nurses Association is a nonprofit membership organization dedicated to the principles and practice of holistic nursing defined as "the renewing and enhancing of the art of nursing and caring for the whole person"



HTI Healing Touch Certificate Program™

The HTI Healing Touch Certificate Program™ is a multi-level course of study in energy-based therapy that moves from beginning to advanced practitioner and is complementary to health care. The program incorporates a variety of energy-based modalities that are sequenced in Levels 1 through 5, allowing participants to progress from beginner to practitioner. Students receive a certificate of completion at each level. Upon completion of levels 1-5 and additional requirements, students are eligible to apply for certification through Healing Touch International, Inc. Instructor Training prepares the individual to become an instructor.

Each level in The HTI Healing Touch Certificate Program™ includes both didactic and experiential learning in which participants practice and share experiences using energy-based healing techniques. In addition the program encourages the developing practitioner to enhance skills and knowledge through recommended readings and practice sessions. There is also a strong commitment to personal growth and knowledge of holistic health principles.

Target Audience

The HTI Healing Touch Certificate Program™ is a nursing continuing education program for registered nurses, health care professionals, body-oriented therapists, psychotherapists or other licensed health care professionals and individuals who desire an in-depth understanding of healing work that uses energy-based concepts.

Certification as a Healing Touch Practitioner is an appropriate goal for those who wish to establish a Healing Touch practice or incorporate Healing Touch as a major focus within an existing professional practice.

Level 1 Description

Level 1 begins with 18 continuing education contact hours of instruction, allowing persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

Level 1 Objectives

The participant will:

1. Describe the human energy system relationship to physical, emotional, mental and spiritual health.
2. Discuss energy principles basic to Healing Touch.
3. Assess the energy field and energy centers.
4. Identify a basic Healing Touch sequence.
5. Demonstrate specific intervention techniques used in Healing Touch.
6. Discuss applications of Healing Touch in personal and professional practice.
7. Discuss expected ethical conduct and standards of practice within Healing Touch.

Workshop Information

AHNA: 18 contact hours

NCBTMB: 18 contact hours

CA Board Registered Nursing: 18 contact hours

**Schedule: Friday & Saturday
October 22 & 23, 2010
8:30 a.m. – 6:00 p.m.**

**Location: Alexandria Technical & Community College
1601 Jefferson Street
Alexandria, MN 56308**

Instructor: Dana Spates is a Healing Touch Practitioner in Paynesville, MN. She has a private practice in her home as well as offering Healing Touch at Country Cupboard Wellness Center in Paynesville. She is a hospice volunteer, and a member of Healing Touch International. Dana is also a Registered Yoga teacher and teaches classes in Yoga, Stress Reduction, and Introduction to Healing Touch at the Wellness Center. Dana has also completed a Masters in Natural Healing with Clayton College of Natural Health.

Disclosure: Dana Spates is an instructor of the HTI Healing Touch Certificate Program™ and has the right to use the intellectual property of the HTI Healing Touch Certificate Program™ Course of Study.

Level 1 Course Content

1. Energy system concepts related to health
2. Basics of the energy system – energy field and energy centers
3. Location and function of the chakras
4. Assessment of the energy field and energy centers
5. Meditation for centering and maintaining energetic flow
6. Principles and practice of Healing Touch
7. Selected intervention techniques: Basic Healing Touch Sequence, Magnetic Passes, Magnetic Clearing, Chakra Connection (1 on 1, 2 on 1, self), Headache Techniques (tension, migraine, sinus), Ultra Sound, Laser, Chakra Spread, Scudder (Optional), Mind Clearing (Optional)
8. Principles of self-healing
9. Personal development as a healer
10. Legal and professional aspects of touch therapies

This course is an approved course of study of the HTI Healing Touch Certificate Program™. The HTI Healing Touch Certificate Program™ is an endorsed program of the American Holistic Nurses Association.

Healing Touch International, Inc.

445 Union Blvd. Suite 105 Lakewood, CO 80228
Ph: (303) 989-7982 Fax: (303) 980-8683
e-mail Support@HealingTouchInternational.org
website www.HealingTouchInternational.org

Continuing Education Contact Hours



This continuing nursing education activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



HTI is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

Provider approved by the California Board of Registered Nursing, Provider Number CEP15275 for 18 contact hours.



CUSTOMIZED TRAINING CENTER

1601 Jefferson Street, Alexandria, MN 56308

1-888-234-1313 320-762-4510

www.alextech.edu/CustomizedTraining

Contact Information

Mail Alexandria Technical & Community College, 1601 Jefferson Street, Alexandria, MN 56308
Fax 320-762-4634
Phone 320-762-4510
Toll Free 1-888-234-1313

Racial/Ethnic Origin Descriptions

American Indian or Alaska Native - A person having origins in any of the original peoples of North and South America (including Central America) who maintains cultural identification through tribal affiliation or community attachment.

Asian - A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent.

Black or African American - A person having origins in any of the black racial groups of Africa.

Hispanic or Latino - A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture.

Native Hawaiian or Other Pacific Islander - A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.

White - A person having origins in any of the original peoples of Europe, the Middle East, or North Africa.

Accommodations

If you need a reasonable accommodation for a disability (e.g., wheelchair accessibility, interpreter, audio tape, or large print materials, alternative format), such an accommodation can be made available upon advance request. Please contact Customized Training at 320-762-4510 as soon as possible.

Minnesota Relay Service 1-800-627-3529

Policy

Alexandria Technical & Community College is committed to providing equal education/employment opportunities to all persons and does not discriminate on the basis of race, religion, creed, color, national origin, gender, ancestry, sexual orientation, age, marital status, disability, reliance on public assistance or against any other recognized protected class.

Cancellations - Class cancellations must be done three full business days before the class start date. No refunds for cancellations of less than three full business days.

Missed Classes - Refunds will not be issued for any missed class, full class fees are due.

Late Arrivals - ATCC reserves the right to reschedule anyone arriving late. In most cases, 100% attendance is required to successfully complete training sessions.

Weather-Related Information 320-762-4400

After you register... you can assume that you are enrolled. Written confirmation will be sent to you a week before class. If a class is cancelled, you will be contacted by phone, mail, or email. Alexandria Technical & Community College reserves the right to cancel courses due to unforeseen circumstances (a full refund will be granted).

Thank you for your registration and enjoy your class!